ASI is a registered 501(c)3 non-profit organization proudly serving our community. We are supported by volunteers, donors, and state and local agencies. We maintain an open-door policy and invite constructive input from the community throughout the year.

ASI – Archuleta Seniors Inc

Office Hours
Mon-Fri 8:00 am - 4:00 pm
Closed for federal holidays.
Email: cheryl@psseniors.org

Our goals are to:

• inspire confidence through health, social, and nutritional education that promotes independence;
• to build engaging programs, services, and relationships to meet the needs of this growing population;
• empowering individuals and families to enrich the quality of life in our service area.

The Community Café

brought to you by ASI

Community Meals
Meals on Wheels
Monitoring
Activities
Matter of Balance

ASI’s mission is to serve our community by empowering individuals who are 60 and better and their families to promote independence and advance community resilience.

www.psseniors.org
970-264-2167

151 Hot Springs Blvd.
In the Town of Pagosa Community Center
Community Café

Providing good nutrition helps our consumers stay active and socially engaged.

Café Dining
The dining room is open to all community members, providing regular access to nutritious meals. Take-out and delivery options are available.

SIMPLE Nutrition
In addition to hot meals, we deliver fresh foods and healthy supplemental frozen and/or shelf-stable options.

ASI’s Meals on Wheels
Our local volunteers deliver throughout the year to those who may not be able to prepare their own meals. Ask about eligibility screening for you or a loved one.

Community Café

The Community Café and dining room is open to the community each weekday.

Coffee & Tea Social
9 am - 11 am

Lunch
11 am - 1 pm

Meals are designed and prepared by our Chef to nourish and exceed dietary guidelines using fresh and locally sourced ingredients.

Suggested donation for those 60+ and better is $4.00. Those under 60 are welcome for $8.50 (adults and children).

Activities

Open to all community members. Enjoy fun outings and a wide range of year-round activities. Exercise your body and brain with online and other opportunities that appeal to an array of comfort levels.

Matter of Balance

Trained staff works with you to improve your strength, balance, and safety so you can a live safer life and be more productive.

Monitoring

In addition to assistance with medical alert fees, we can help caregivers learn about opportunities, resources, benefits, and services to better serve you.