

## PRESS RELEASE

November 9, 2020  
Pagosa Springs, CO



Archuleta Seniors Inc (ASI) is pleased to announce the following updates and opportunities:

### **Nutrition Program**

- We welcome Jillian Lucero as our new Executive Chef. She is working with our Center Coordinator, Cheryl Wilkinson, to make sure that our nutrition programs are serving enjoyable, high quality meals and snacks for our 60 and better consumers and the community as a whole.
- We are providing drive thru pickup options, as well as County bus delivery for Congregate Meals while The Community Café is closed. A covid-related grant allowed us to purchase additional hot boxes, which allowed us to collaborate with the County for deliveries.
- We are very grateful to the County for making this option possible, as there are many consumers who cannot travel during the pandemic and the winter season for meal pickup.
- We are, as always, delivering Meals on Wheels.

### **New Programming – Online and Telephone Access**

- Mather – the industry leader in senior living and research, dedicated to creating Ways to Age Well<sup>SM</sup> – is graciously providing support to ASI to link our community to their “Aging Well” resources.
- Professional Caregiver, Family Caregiver, and other up-to-date information is available. You can look through those offerings here on [our site](#).
- There are download printable resources, as well as a links to sign up to enjoy a bevy of virtual (online or phone) fun, educational, and social opportunities. No need to register in advance.
- Mather has partnered with the esteemed arts and education organization, the Chautauqua Institution, and you can register to participate on Mather’s website for access to lectures, seminars, topical discussions, world class performances, and much more. You can browse and register through [Mather’s website](#).

### **Community Advisor Engagement**

- Individuals in our community inform our programming and activities by contributing their unique skills to provide community stakeholder input.
- If you would like to work with us on selected special projects and collaborations, please contact Marya Roddis, our Resource Development support at: [marya@psseniors.org](mailto:marya@psseniors.org).

You can see more about our organization, meal reservation options, and programs at our website: <http://www.psseniors.org/>.

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