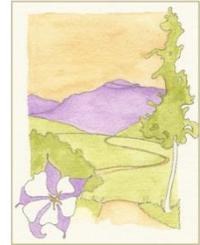


PRESS RELEASE

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NEWS FROM THE COMMUNITY CAFÉ

When we can't go out, we can go in

It feels like a lull has come over us. We're in between times – between holidays, between events, between times when we can go out and be with friends and family – weather, the pandemic, economic constraints, and so many other factors seem to be conspiring to keep us closer to home. Often without much to do that is new and interesting.

So this week we'd like to remind you that you can go to our website to learn about access to free online and phone lectures, seminars, topical discussions, interfaith news, world class performances – just for example Yo-Yo Ma, Natalie Cole, the Alvin Ailey American Dance Theater, and jazz at Lincoln Center – and so much more. These resources are available because of the remarkable blend of two major players in the field of Aging WellSM – non-profit senior living industry leader, Mather, and the esteemed arts and education organization, the Chautauqua Institution.

Mather graciously provides this support to ASI to link our community to their "Aging Well" resources. You can look through those offerings on our site and sign up for free through their site (the link to their site is listed on our Home and Program pages.

No need to register in advance. And you can try out the Chautauqua programming for free for 90 days, *without needing to provide any credit card information*. You search through viewing and discussion options just like you would any other streaming provider. Except these are concerts, sermons, and in person talks that you won't see anywhere else.

A caregiver or family member can sign up a loved one for access from any reasonably accessible – senior living, library, home – computer, mobile device, or smart TV. If you are accessing through a library or other institutional setting, please check on guidelines for system use.

You can learn more at: <http://www.psseniors.org/>.

Press Contact:

Marya Roddis
Resource Development
575 235 8228
marya@psseniors.org

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