



# Archuleta Seniors Inc.

The Community Café

Pagosa Springs, Colorado 81147

## Those We Serve

Adults 60 and better (35% of area population; 10% disabled)

An estimated 9% of those we serve deal with cognitive and/or physical disabilities

Many of our consumers have limited social interactions, educational programs, and other opportunities

## Our Service Area

ASI is located in the heart of Archuleta County, which covers more than 1,300 square miles, including Pagosa Springs

We have employed a ripple effect for expanding outreach into previously under-served areas of the County

County-wide, 13% of residents 60+ live below the federal poverty level; 85% of those we serve are low income

100% of those we serve are geographically isolated

## Our Programs Serve Our Community Broadly

We serve our target group of consumers regardless of their economic status, with inclusion for all consumers who wish to receive services

In 2020, we served more than 19,000 takeaway/delivery meals (nearly double pre-pandemic demand), including 7,100 Meals on Wheels

Those served under our Monitoring program would not be able to afford monthly fees for a medical alert system, even though that system can help them maintain independence

Those served by our Meals on Wheels program may be recovering from illness or surgery, or may be isolated, typically living alone, and may be threatened by hunger

Our caregivers report that services help them feel supported, make it easier to care for their loved one, and make it easier to keep that loved one in their home

Our consumers are diverse and include Anglo, multi-racial, Hispanic, Asian, and Indigenous individuals across all economic and social spectrums in our service area

To date, 100% of those requesting services are being served – a significant factor in the face of funding declines relative the notable increase in demand for our services

## Our work demonstrates the shared values that help to catalyze community revitalization:

- Loneliness and social isolation are now considered a disease. They are key factors in aging and related illnesses. Our services provide engagement and improve independence.
- Our consumers know they can receive supportive services through us beyond the meals and other supplemental nutrition that they receive on an ongoing basis.
- Our work supports stakeholder goals for a healthy community and reduces costs for agencies.